



JUNIOR RACQUETBALL FALL 2009

Junior Racquetball

Junior Racquetball is one of our best programs for youths at Petaluma Valley Athletic Club (PVAC). Heading up the program are instructors Brian Dixon, an advanced AMPRO instructor and a racquetball player since 10 years old and sponsored by Ektelon; and Orlando Mayo, also AMPRO certified and sponsored by E-Force.

Our Junior Racquetball program holds Saturday classes February through June and September through December. Meeting weekly, junior players, ages 6-18 years, are taught racquetball strategy, safety, and sportsmanship. All levels are welcome, from the beginner to the advanced player, and each player is placed in a group with others of their same skill level. This is a remarkable program from which the junior player gains an evident amount of skill development as well as a healthy love of the game.

PVAC also hosts an After School Challenge during the school year. Every Wednesday from 3:00-5:00pm, a court is reserved for juniors to play a challenge court. During the summer, there are supervised Junior Challenge Courts every Saturday from 11-2:00. This way, students may continue playing throughout the year with effective feedback from an instructor.

Junior players are also encouraged to participate in tournaments, including the PVAC Junior Racquetball Tournament in October, one of the few junior-only tournaments in the state that brings junior players from all around the county.

Individual lessons are also available for junior players. Brian Dixon provides these lessons complimentary to any juniors enrolled in the program (regularly \$15 per hour for juniors, \$35 for adults). All charges are donated back to the Junior Racquetball program.

Junior Racquetball Ages 6 – 18 years

Saturdays | September 12th – December 12th

BEGINNERS • 11:00a – 12:00p

INT. & ADVANCED • 12:00p – 2:00p

Junior players are taught racquetball strategy, safety, and sportsmanship. All levels are welcome, from the beginner to the advanced player, and each player is placed in a group with others of their same skill level. This is a remarkable program from which the junior player gains an evident amount of skill development as well as a healthy love of the game.

FEE: \$20/session for Members
\$25/session for Non-Members

Individual Lessons

Instructor: Brian Dixon

FEE: \$0 for Juniors enrolled in Junior Racquetball program

\$15/hour for Juniors
\$35/hour for Adults

**For more information
email Brian Dixon at
bri@jupe.com
or 707-766-9105
or visit
www.petaluma-jr-rb.com**

"Racquetball has been a great opportunity for my son to develop his strengths and overcome his personal challenges in a safe, supportive, and athletic environment. Brian's program at PVAC is simply fantastic!"

Jamie Lloyd - Parent

Brian Dixon

Director of Junior Racquetball
CSRA Board of Directors, Juniors Coordinator
Advanced Certified AMPRO Instructor

Brian Dixon has been playing racquetball since he was ten years old. As Director of Junior Racquetball at PVAC, Brian has developed one of our best programs for youth as well as one of the most renowned programs for Junior Racquetball in the area.

Orlando Mayo

Advanced Certified AMPRO Instructor

Orlando Mayo was introduced to racquetball as a competitive tennis player in junior college in the early 1980s. He soon learned to enjoy the speed, strategy and quick thinking of the game. Mayo's first professional racquetball experience was coaching Guam's National Racquetball team when he was stationed there in 1996. Under Mayo's guidance the team moved from 26th place for men and women to 12th in women's division and 18th in the men's.

Mayo transferred to Petaluma in 1997 and began playing racquetball at the Petaluma Valley Athletic Club. The sport is taking Mayo to places he never expected. At Petaluma Valley Athletic Club, he is able to share his experience with the future players of the sport.



85 Old Corona Road, Petaluma, CA 94952
707-789-9898 - 707-789-9897(fax)

www.pvac.com

Petaluma Valley Athletic Club **Junior Racquetball**



Fall 2009